



Most Common Hair Disasters & How To Fix Them Easy ways to get out of the worst hair jams imaginable!

One day your hair looks great, then you decide to try something new. Perhaps it's a perm or color, maybe it's just a new way of setting your locks. Next thing you know, you're having a major bad hair day, or even a bad hair month. But hair disasters, no matter how traumatic, aren't necessarily something you have to live with. When something goes wrong, there's always a fix, though granted it's not always a quick and easy one. The worst disaster of all, of course, is the terrible cut that you think has to be grown out.

Whatever the situation, pros agree than anyone can improve her hair, if she gets control over several factors. Once special aside here, if excessive hair loss is your problem, you'll have to explore with a dermatologist, hormonal changes, diet and medications, which can trigger hair loss. Studies show that women who think their hair looks good feel more confident and in fact, succeed more because they behave with confidence. With this in mind, here are the best ways to fix the most common and vexing hair problems that we all experience at one time or another.

The Botched Perm

There are two times when a home perm messes up locks. The first is when it doesn't take at all. Usually, this is from incorrect processing. Wait a few days, then go to a professional and get a hair analysis before getting a re-perm. Rod size, size of partings and the product used all play a part in getting the perfect perm.

If your perm took too well, leaving you with super curl or a head full of frizz, immediately deep condition hair with a thick cream conditioner. Comb from roots to ends, wait 5 minutes and rinse. Then set your hair on large rollers and let it dry naturally. If this doesn't work, go to a salon that offers the reverse perm. In this technique, permanent waving solution is combed through the hair from roots to ends to straighten it.

Hair color Horrors

Choosing and using haircolor can be tricky. The color on the box does not tell you what result

you will get over your natural shade and there's lots that can go wrong if you're bleaching your hair. If you over-bleached, don't do a thing without professional help or you risk severe breakage. If the color is simply wrong, then go to a professional and get a hair analysis and full consultation and by the way we offer it free.

Undesirable shades, like green, are best left to a pro, who knows how to either remove them or neutralize them with the color opposite on the color wheel. However, if the green is from chlorine, there are now chlorine removing shampoos available at your local salon.

Uneven Layering

Layering that's uneven or not what you wanted leaves you with a few options. You can wait for short layers to grow out. You can also have longer layers cut to match shorter ones. A shorter cut might also fix the problem, but if you aren't willing to get one, ask another stylist to show you setting and styling techniques that work with what you have until it grows out.

Too Obvious Highlights

If your hair ends up looking more like a skunk's tail than sun-kissed locks, have a color wash or toner put over highlights. In fixing overly blonde highlights that come from repeatedly highlighting without using a toner. Choose a shade that's close to your own and highlights will be less obvious. You can also see if the highlights can be softened by "re-shaping" them. Have a colorist change chunks into smaller pieces by turning half the chunk into lowlights.

Blow Drying Damage

If thermal styling is killing your locks, switch to thermal protective products that coat and protect your cuticle. Also, towel dry hair completely before reaching for your blow dryer. Damp hair holds a style just fine, We recommend removing moisture first, then switching to a cool setting to lock in shape and curl. Also, get regular trims to get rid of split ends and dry hair from the inside out; don't start with the surface and risk leaving hair underneath half damp. See your stylist for a good deep conditioning treatment that best for your hair, In the future, hold your dryer at least three inches from your head and move it continuously when drying. Keep curling and straightening irons from getting too hot for hair by spritzing them with water in intervals as you style your hair. We highly recommend that you use a hair styling product that is designed to protect your hair from heat damage.

The Terrible Style, with No Time Out

You've spent the last hour trying out a new styling technique, only to end up with a disaster 10

minutes before your date arrives. To get out of the jam, try these quick solutions: Tip your head upside down, mist with a finishing spray and brush repeatedly from roots to ends. This removes too much curl but adds body. Then flip your head up, finger style and slip on a wide headband. Lucky for you, headband looks are back! If you experience this often, please ask your stylist for styling tips or perhaps an easier hair style.

If hair is limp and lifeless after a set, you brushed out all the curl you created. Usually this happens if you don't let the rollers cool completely before removing them. Take a single, giant hot roller and use it to turn all your ends under. If your hair is super thick, it may take two rollers. Blow dry the hot roller with air flow on a cool setting to speed the process, carefully unwind and wrap ends around your fingers. You'll have a smooth style with ends that turn under. A fast fix for short hair gone astray? Gel it straight back. If you have the time and the goods, clip on a faux piece for an instant ponytail or chignon.

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